

# South West Wiltshire Health & Wellbeing Group Meeting

## Summary

31<sup>st</sup> January 2024, 11.00am

1. **Present:** Cllr Dick Budden (cllr lead), Cllr Bridget Wayman, Karen Linaker (Wiltshire Council Strategic Engagement & Partnership Manager, Communities Team), Becky Bye (Rethink), Jane Mason (Mere Day Centre), Irene Kohler (Salisbury Area Board-Older Person's Champion), Rebecca Seymour (Celebrating Age), Gill Bettington (Wiltshire Council Adult Social Care)

### 2. **Celebrating Age Programme – Creative Conversations Grant Request (£1.2k)**

The group discussed this grant and made the following key points:

- (a) Welcome this particular initiative as distinct from the monthly big events, recognising the need of some for small group professionally facilitated support
- (b) Glad to see that the initiative is focused this time in the Langfords and supported by village groups such as the luncheon club and Messenger newsletter
- (c) Agree that the area board should look to fund this initiative in full

### 3. **Sing & Breath Mere – Grant Request (£1k)**

- (a) Support was confirmed for this initiative, and reassurance sought as to how it will be promoted to ensure good take up, and to how those unable to travel to the venue by themselves will be supported.
- (b) Intrigued to see how this initiative can help participants continue on to other local activities such as choirs, and to how the initiative will provide some respite for carers.

### 4. **Preliminary group discussion before full discussion with professionals at the next meeting** : [Mental health and autism: Falling between the gaps | Healthwatch Wiltshire](#)

The group briefly discussed this report which will receive fuller consideration at the next meeting. Health Watch Wiltshire, and representatives from the ICB and Wiltshire Council will be invited to speak to the report and the consequent action plan.

The group is keen to see a full picture of the data driving the findings of this report, and to discuss with service leads how the area board can help to facilitate local action to fill in some of the gaps in support.

#### **5. Partner Sharing and Upcoming Initiatives**

- (a) 22<sup>nd</sup> Feb Silent Disco at Wilton Place Care Home
- (b) 5<sup>th</sup> March Silent Disco in Mere
- (c) 12<sup>th</sup> March Health & Wellbeing Event at Langford Lakes
- (d) April Celebrating Age Creative Workshop at Fovant Village Hall
- (e) May Tisbury Mobile Museum for Dementia Memory Group Anniversary
- (f) Silver Salisbury Spring Newsletter due for publication – seeking new material
- (g) Mere Healthy Walking initiative – working on the next event following the very successful New Year New Bottom Walk
- (h) Beginning to plan for Xmas 2024, following very successful Nadder Centre event last Dec in partnership with the Area Board, Celebrating Age and St John's School